Best Practice: 01

Title of Practice: Health is Wealth

Objective of the Practice:

Through academic activities are importance foe the student development sports activities also play valuable

role in the all-round development of student. Sports not only keep the body fit and healthy but also help to

reduce body fat and slow down the aging process. Sports help student to streamline their life style and to

maintain the balance of physical and mental development. Through sports activities the decision making

power of students improves and they also learn various ways to tackle pressure issues in different situation

sports and physical education provide opportunity to student to improve their leadership quality and

competencies

The Context:

The college has excellent sports infrastructure facilities and encourage students to participate in sports

activities selection trails of games are conducted to select the players for different games. After the

selection of the player, they are allotted the games as per their selection. The players are train for the games

of their choice and achievements. Regular practice sessions are arranging for the players to improve their

performance

The Practice

College enthusiastically motivates students to participate in sports. Every year our college students

participate in university, state and private tournament such as university zonal hockey tournament. Our

college team also participates in various university games like kabbadi, football, reselling, and hockey. Our

students have been selected in khelo India and national level hockey tournament. Our college not only

participated in university level tournament but also in private tournament like open kabbadi tournament,

CM Chashaka wrestling competition, Inter-Zonal Fencing Tournament. College organized "Sporto-Cuitural

Carnival" in college campus in which various sports event are organized. This carnival strengthens the

physical ability of students and shows their sporting spirit.

Evidence of the Success Result of college in sports

- **A.** Eight players had participated in Khelo-India national level hockey tournament.
- **B.** Seven players had participated in all India interuniversity hockey championship
- **C.** Fourteen players had participated in Inter-zonal hockey tournament
- **D.** Two players had participated in Inter-zonal archery tournament
- **E.** One player had participated in Inter rowing tournament
- F. One player had participated in Inter-zonal fencing tournament
- **G.** One player had participated in Inter-zonal best physique tournament
- **H.** One player had participated in Inter-zonal wrestling tournament
- I. Thirty-One players participated in University State Nationals
- **J.** Thirty-Six Players played for state/ Zonal
- **K.** The college won seventy-four medals in various tournament

Problem Encountered and Resources Required

Restricted availability of sports facility and equipment

Best Practice 01: Health is Wealth

2023-24

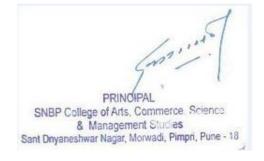






SPPU INTER COLLEGIATE WRESTLING BOYS COMPETITION







Intercollegiate Hockey Tournament



Intercollegiate Football Tournament



Intercollegiate Kabbadi Tournament



Intercollegiate Boxing Tournament



Inter-Zonal Hockey Competition



Intercollegiate Hockey Tournament







Inter zonal Hockey

Boys 2019-20



SNBP ACS Organized University Inter Collegiate Hockey Tournament











PRINCIPAL

SNBP College of Arts, Commerce, Science
& Management Studies

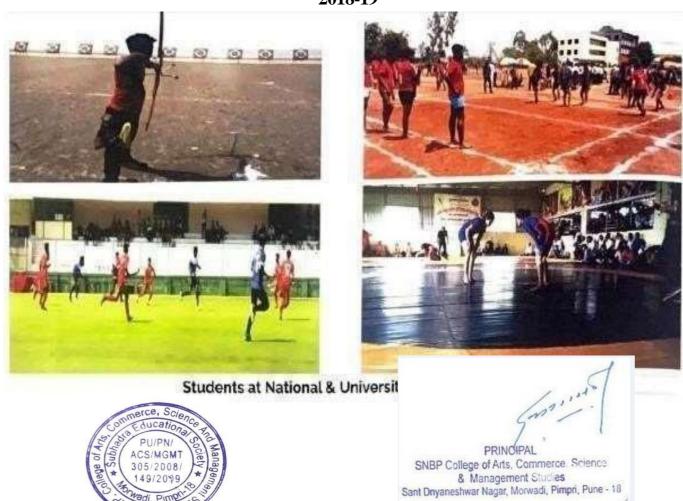
Sant Dryaneshwar Nagar, Morwadi, Pimpri, Pune - 18





Students at National & University Zonal Sports

2018-19



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"Courage is the most important of all the virtues because without courage, you can't practice any other virtue consistently."









